



BAMBERG
GRADUATE SCHOOL
OF SOCIAL SCIENCES



WORKSHOP

Navigating Research Collaborations

- Instructor:** Dr. Sabrina Sontheimer
- Date & Time:** Friday, October 31, 2025 from 9:00 a.m. to 3:00 p.m. and November 21, 2025, from 9:00 a.m. to 11:00 a.m. (s.t.)
- Place:** Online via Zoom
- Registration:** To register, please send an email to weiterbildung@lifbi.de by October 17, 2025. Registration is mandatory. The number of participants is limited to 15.

Short Outline

This online workshop supports postdoctoral researchers in developing key skills needed to lead and contribute to collaborative research projects. Participants will explore communication strategies, conflict resolution, and team leadership in both formal and informal settings. The training also covers effective facilitation of online and in-person meetings, negotiation of diverse interests, and the role of academic networks in successful collaboration. In a networked research environment, strong communication and leadership skills are essential - whether you are officially leading a project or coordinating informally. The workshop aims to provide postdoctoral researchers with tools and strategies needed to manage research collaborations effectively and with confidence. Through hands-on exercises, case studies, and peer exchange, participants will develop a personal toolkit of methods to enhance their involvement in collaborative research projects.

Participants will learn to:

- Apply communication strategies that foster clear, constructive, and inclusive dialogue in diverse teams,
- Use conflict management techniques to identify and resolve tensions in a solution-oriented way,
- Understand and practice team leadership, even without a formal leadership title,
- Facilitate effective meetings, both online and in person,
- Employ negotiation methods to balance different interests and goals within a project,
- Build and maintain academic networks as a foundation for successful collaboration.

The workshop is mainly aimed at postdoctoral researchers. In case of any vacant places, it is open to anyone interested.



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About the Trainer

Dr. Sabrina Sontheimer studied Literature, Linguistics and Theater at the LMU in Munich. She has a PhD in English Literature and she worked as scientific fellow and lecturer at the Chair for English Philology in LMU, with a 10-year experience in university teaching. She is a certified trainer in communications, in university teaching with a specialization on virtual teaching, and in academic writing.